

**Adults, Wellbeing and Health  
Overview and Scrutiny Committee**

**17 January 2020**

**Quarter Two, 2019/20  
Performance Management Report**



---

**Report of John Hewitt, Corporate Director of Resources**

**Electoral division(s) affected:**

Countywide.

**Purpose of the Report**

- 1 To present progress towards achieving those key outcomes of the council's corporate performance framework aligned to the Adults, Wellbeing and Health Overview and Scrutiny Committee.
- 2 The performance report which sets out progress to the council's corporate performance framework in its entirety can be found [here](#).

**Performance Reporting**

- 3 Following an extensive public consultation programme, a shared vision for the county for the next 15 years has been developed with partners. This vision, agreed by Council on 23 October and formally launched at the County Durham Partnership event on 25 October, is structured around three externally focused results-based ambitions of 'more and better jobs', 'long and independent lives' and 'connected communities' ([link](#)).
- 4 As the Council has now adopted this vision, it is appropriate to modify the format of our performance reports to align to our new ambitions. This quarter, as a first step, existing performance information has been realigned to the three new ambitions plus a fourth 'better council' theme. Over the coming months, we will review the report to ensure it captures all elements of the new vision, as well as monitoring progress in improving how the council works.

## **Executive summary**

- 5 Although the quarter two performance report for this committee (attached at Appendix 2) remains structured around the same set of key questions, they have been realigned to the ambitions of our new vision.

### **Long and Independent Lives**

- 6 The ambition of 'long and independent lives' concentrates strongly on the health and wellbeing of the local population and the health inequalities across the county. Its focus includes giving children and young people the best start in life, as well as enabling people to live independently for longer through improved social care delivery and housing that meets the needs of older people.
- 7 Positive progress is being made to help people live long and independent lives. Smoking prevalence has fallen significantly to a position where we are on par with the rest of the country (although we have set ourselves a challenging target to reduce smoking much further and have particular challenges around smoking in pregnancy which is higher than North East and England average). We continue to perform extremely well in preventing delayed transfers of care from hospital (third best performing unitary authority in England).
- 8 Key challenges to improve life expectancy and quality of life include delivering the targeted reduction in smoking prevalence, supporting people to achieve a healthy weight and improving mental health and wellbeing. We are continuing to tackle these issues. Through the Tobacco Control Alliance, we influence regulation related to smoking, support people to stop smoking, reduce exposure to second-hand smoke and promote campaigns such as Stoptober. Our partnership approach to help people achieve a healthy weight focuses on the Best Start in Life, the physical and food environments, with actions to increase physical activity in schools (Active 30 programme), promote active travel and improve the regulation of hot food takeaways. We have implemented a full workforce mental health awareness programme (incorporating more Mental Health First Aiders and Time to Change Champions), established a workforce leads network to ensure a consistent approach to mental health training across partners, and are developing a tailored approach to mental health awareness across small-to-medium sized businesses

### **Risk Management**

- 9 Effective risk management is a vital component of the council's agenda. The council's risk management process sits alongside our change programme and is incorporated into all significant change and improvement projects.

10 There are no key risks in delivering the objectives of this theme.

### **Recommendation**

11 That the Adults, Wellbeing and Health Overview and Scrutiny Committee considers the overall position and direction of travel in relation to quarter two performance, and the actions being taken to address areas of underperformance.

---

**Contact:** Jenny Haworth, Head of Strategy

Tel: 03000 268 071

---

---

## **Appendix 1: Implications**

---

### **Legal Implications**

Not applicable.

### **Finance**

Latest performance information is being used to inform corporate, service and financial planning.

### **Consultation**

Not applicable.

### **Equality and Diversity / Public Sector Equality Duty**

Equality measures are monitored as part of the performance monitoring process.

### **Climate Change**

We have declared a climate emergency and consider the implications of climate change in our reports and decision making.

### **Human Rights**

Not applicable.

### **Crime and Disorder**

A number of performance indicators and key actions relating to crime and disorder are continually monitored in partnership with Durham Constabulary.

### **Staffing**

Performance against a number of relevant corporate health indicators has been included to monitor staffing issues.

### **Accommodation**

Not applicable.

### **Risk**

Reporting of significant risks and their interaction with performance is integrated into the quarterly performance management report.

### **Procurement**

Not applicable.



*Altogether better*



# Durham County Council Performance Management Report

## Quarter Two, 2019/20



## Long and Independent Lives

- 1 The ambition of Long and Independent Lives is linked to the following key questions:
  - (a) Are our services improving the health of our residents?
  - (b) Are people needing adult social care supported to live safe, healthy and independent lives?

### **Are our services improving the health of our residents?**

- 2 Reducing smoking continues to be one of the main priorities to be addressed by the council and partners. The annual County Durham Tobacco Control Alliance update, presented to the Health and Wellbeing Board in July 2019, highlighted future work of the alliance, including:
  - Smoke-free homes, working with housing providers;
  - Review of the council's No Smoking Policy;
  - Progressing a vaping pilot;
  - Reducing tobacco dependency in pregnancy.
- 3 The specialist Stop Smoking Service contract is in the process of re-procurement and a service review has been conducted. A number of recommendations are being considered to inform the new service specification. It is anticipated that a contract will be awarded prior to Christmas 2019.
- 4 Four-week smoking quitter rates have reduced across the country, including rates for the North East and County Durham. A Health Equity Audit (conducted in August 2018) shows that the Stop Smoking Service successfully reaches those in the most deprived communities. However, challenges to changing smoking behaviour in such areas has led to a slowdown in quitter rates in Durham.
- 5 The method of recording the number of people setting a quit date and quitting at four weeks, through the Stop Smoking Service, has changed from 1 April 2019. Following these changes, it is anticipated that future data will show increases in the number of people setting quit dates, alongside a reduced percentage of overall smoking quitters. We will monitor how the change in recording affects service performance.

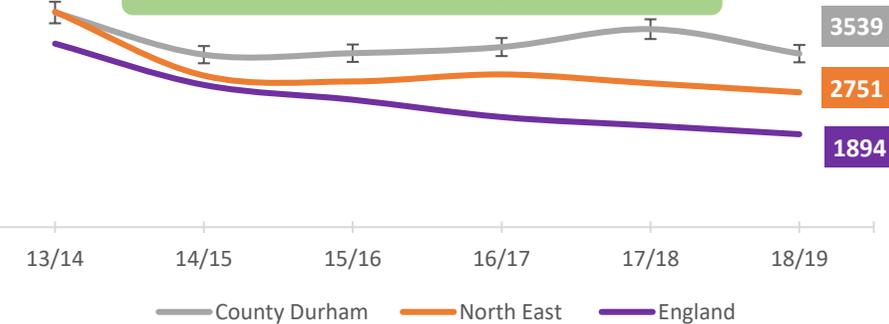
# LONG AND INDEPENDENT LIVES

## (a) Are our services improving the health of our residents?

### Mothers Smoking at Time of Delivery



### Four Week Smoking Quitters



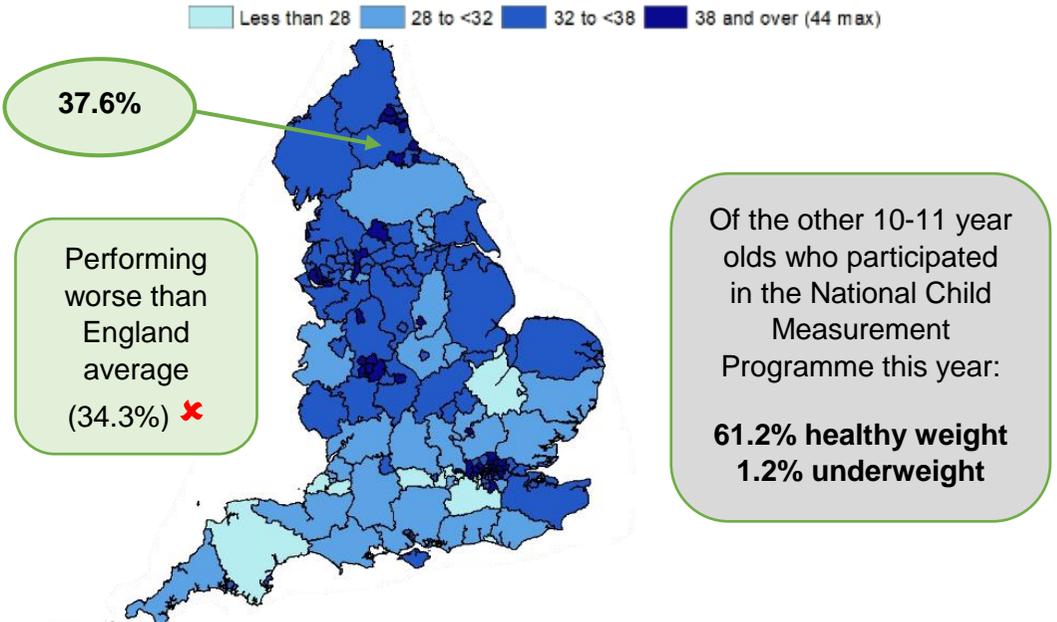
### Suicide Rate per 100,000 population (2016-18)

County Durham

**12.8**

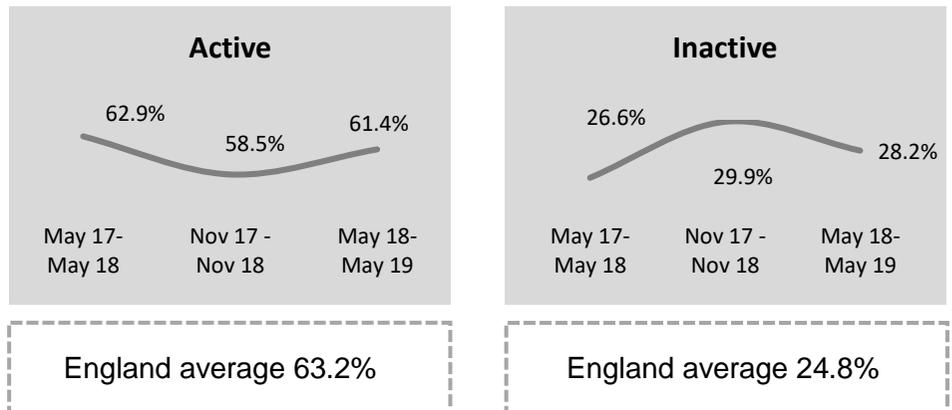
Increased since 2015-17 ↑  
 Worse than England average (9.6) ✘  
 Worse than NE average (11.3) ✘

### Prevalence of children aged 10-11 who are overweight and obese (18-19)



© Crown Copyright and database rights 2019. Ordnance Survey LA 100049055

### Adult participation in sport and physical activity (May 18 to May 19)



- 6 There was significant planning for Stoptober 2019, with many partners within the Tobacco Control Alliance taking part in the promotion of the campaign. A photoshoot, attended by the Director of Public Health and the Portfolio Holder for Adult and Health Services, took place at the beginning of September for the local promotion of the campaign. Stoptober commenced on 1 October 2019.
- 7 County Durham and Darlington NHS Foundation Trust announced its smoke-free status on 1 October 2019. The move to smoke-free Trust status has seen the development of policies to treat tobacco dependency whilst admitted to hospital.
- 8 The reduction of smoking in pregnancy continues to be a key area of work. A multi-agency strategic plan tackling tobacco dependency in pregnancy has been implemented. Ongoing work also continues with the regional Local Maternity System, to ensure that links are in place between regional and local work.
- 9 Public Health has worked with the Stop Smoking Service to undertake focus groups with pregnant women who currently, or who have previously, smoked. This work has captured valuable insights into the journey of pregnant women who smoke.
- 10 E-cigarettes, also known as vapes, are the most commonly used quit-aid among smokers in England and there is growing evidence of their effectiveness. Leading health and public health organisations (including the Royal College of General Practitioners, British Medical Association, Cancer Research UK and the US National Academies of Sciences, Engineering and Medicine) agree that although not risk-free, e-cigarettes are far less harmful than smoking. We continue to monitor the latest advice and guidance from Public Health England.
- 11 A multi-agency action plan to improve breastfeeding has been developed which links into the regional work being taken forward by the Local Maternity System. As part of this, Public Health has worked with the Infant Feeding Team to ensure that Durham County Council venues and customer access points are scheduled to be re-accredited for the breastfeeding friendly County Durham scheme by December 2019.
- 12 The Mental Health Strategic Partnership has been involved in developing a system-wide approach to wellbeing across the county. The six principles underpinning the approach have been used to develop a tool which has been used to review the Housing Strategy and also to help inform the work of AAPs.

- 13 Activities supporting the Better Health at Work agenda included a focus on events for World Mental Health Day (10 October 2019). These included a focus on helping staff to develop a common language to support mental health and stamp out stigma and discrimination.
- 14 Funding from the Durham, Darlington, Teesside, Hambleton, Richmondshire and Whitby Integrated Care Partnership totalling £49,420 has been transferred to the County Durham Time To Change Hub, to continue development of anti-stigma work, with a focus on improving men's mental health.
- 15 Suicide rates for County Durham are significantly lower than the period 2013-15 and have almost returned to the levels seen in the early 2000s. As part of the continued work to tackle suicide, the Council undertook a feasibility study for alterations to Newton Cap Viaduct during the summer, with implementation planned for quarter three. Other work included setting up a station adoption scheme and community action group in Chester-le-Street in response to suicides in recent years. The Samaritans "Small Talk Saves Lives" and the Northern Rail "All Right?" campaign have been widely promoted in the town, including an event by Northern Rail at the train station on 3 July for the England vs New Zealand match during the ICC Cricket World Cup. Between April and August 2019, the If U Care Share Foundation (an organisation providing emotional support to young people and those affected by suicide) received 46 referrals. From these referrals, 36 people are now engaged with the service.
- 16 A strategic physical activity and cycling group has been established, to increase participation and improve cycle networks across the County. The first meeting took place in September 2019 and included colleagues from Access and Rights of Way, Road Safety, Sustainable Transport and Culture, Sport and Tourism.
- 17 Public Health facilitated a review of the council's Healthy and Sustainable Food Policy in September 2019 with key partners, to ensure it is in line with the current evidence base, as well as local and national policies. This will help to demonstrate our commitment to staff wellbeing, offering healthy and sustainable food when catering for public events and functions, as well as the promotion of local food supply chains wherever possible.
- 18 A new contract for the Health Check programme (for people between the ages of 40 and 74 who have not previously been diagnosed with CVD) is being implemented through the Derwentside Health Federation. This will increase the offer of lifestyle interventions, which will in turn increase the rate of referrals into behaviour change programmes. Between April and June 2019,

5,702 NHS Health Checks were offered, with 2,508 carried out. There were 219 offers of a referral to a lifestyle programme. Numbers accepting a referral remain low.

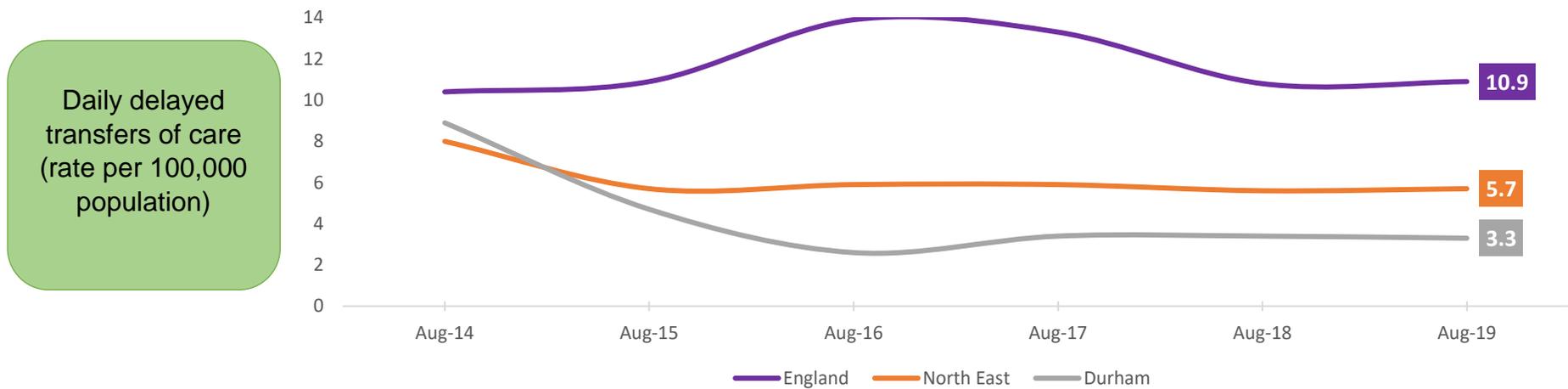
- 19 The 'Fit for Farming' project funded by AAPs will seek to increase engagement rates within the farming community with formal healthcare provision, in partnership with Public Health and Upper Teesdale Agricultural Support Services. This five-year initiative also aims to support outreach work with local GPs through undertaking health checks at local Farmer Auction Marts, to tackle gender and geographical health gaps in the rural communities.
- 20 Delivery of the Macmillan Joining the Dots service is progressing well. The service capacity continues to increase and after one year has now engaged with 403 clients - 284 clients with cancer, the remainder being carers, families or friends. DDES and North Durham CCGs have now agreed to continue this service indefinitely, which will allow continuing support to cancer patients and their families, friends and carers in County Durham.
- 21 Public Health has supported the Silverdale Project, a pilot undertaken by the Silverdale GP practice, to offer respiratory clients an opportunity to apply for a winter warmth package funded by Durham County Council. Boiler replacement, cavity wall insulation and support with utility payments are all potential interventions. An evaluation has been carried out and this pilot will inform the potential to extend the approach / interventions to identified vulnerable groups and locations and increase joint work with DDES and North Durham CCG colleagues.

### **Are people needing adult social care supported to live safe, healthy and independent lives?**

- 22 Nationally, Better Care Fund (BCF) planning submissions were submitted to NHS England by Health and Wellbeing Boards at the end of September 2019. Consequently, no national reporting has taken place for quarters one and two. It is anticipated that provisional targets will be made available in quarter three.
- 23 In the meantime, delayed transfers of care in County Durham continue to be one of the lowest in the country. The latest data for August 2019 show that we recorded an average of 3.3 daily delayed transfers per 100,000 population, which is better than the England (10.9) and North East (5.7) averages. Data for August show that Durham was the 9<sup>th</sup> best performing local authority in England.

## LONG AND INDEPENDENT LIVES

### (b) Are people needing adult social care supported to live safe, healthy and independent lives?



**384.5**

adults aged 65+  
per 100,000 population admitted  
to residential or nursing care  
on a permanent basis  
(Apr-Sep 19)

↓ compared to last  
year (391.6)



**86.9%**

of patients discharged into  
reablement / rehabilitation  
services still at home after  
91 days  
(Apr-Sep 19)

↑ compared to last  
year (84.0)



**87.9%**

of service users receiving  
an assessment or review  
within the last 12 months  
(Sep 18 – Sep 19)

↑ compared to last  
year (86.6)



**95.2%**

of individuals achieved their  
desired outcomes from the  
adult safeguarding process  
(Apr-Sep 19)

↓ compared to last  
year (95.3)

- 24 Work to improve delayed transfers of care has included proactively monitoring the discharge of patients, an enhanced reablement offer, increasing the number of Continuing Health Care assessments outside of the hospital and extensive work with care home providers with regards to the brokerage service.
- 25 Durham continues to perform well in the Adult Social Care survey around overall satisfaction of those receiving care and support and those having enough choice over the services they receive.

## Key Performance Indicators – Data Tables

There are two types of performance indicators throughout this document:

- (a) Key target indicators – targets are set as improvements can be measured regularly and can be actively influenced by the council and its partners; and
- (b) Key tracker indicators – performance is tracked but no targets are set as they are long-term and/or can only be partially influenced by the council and its partners.

A guide is available which provides full details of indicator definitions and data sources for the 2019/20 corporate indicator set. This is available to view either internally from the intranet or can be requested from the Strategy Team at [performance@durham.gov.uk](mailto:performance@durham.gov.uk)

### KEY TO SYMBOLS

	Direction of travel	Benchmarking	Performance against target
<b>GREEN</b>	Same or better than comparable period	Same or better than comparable group	Meeting or exceeding target
<b>AMBER</b>	Worse than comparable period (within 2% tolerance)	Worse than comparable group (within 2% tolerance)	Performance within 2% of target
<b>RED</b>	Worse than comparable period (greater than 2%)	Worse than comparable group (greater than 2%)	Performance >2% behind target

### National Benchmarking

We compare our performance to all English authorities. The number of authorities varies according to the performance indicator and functions of councils, for example educational attainment is compared to county and unitary councils however waste disposal is compared to district and unitary councils.

### North East Benchmarking

The North East figure is the average performance from the authorities within the North East region, i.e. County Durham, Darlington, Gateshead, Hartlepool, Middlesbrough, Newcastle upon Tyne, North Tyneside, Northumberland, Redcar and Cleveland, Stockton-On-Tees, South Tyneside, Sunderland. The number of authorities also varies according to the performance indicator and functions of councils.

More detail is available from the Strategy Team at [performance@durham.gov.uk](mailto:performance@durham.gov.uk)

## LONG AND INDEPENDENT LIVES

### Are our services improving the health of our residents?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
34	% of mothers smoking at time of delivery	17.3*	Apr-Jun 2019	14.7 <b>RED</b>	16.9 <b>RED</b>	10.4* <b>RED</b>	15.2* <b>RED</b>			Yes
35	Four week smoking quitters per 100,000 smoking population [number of quitters]	3,538 [2,313]	2018-19	Tracker N/a	4,038 [2,497] <b>RED</b>	2,750 <b>GREEN</b>	1,894 <b>GREEN</b>			Yes
36	Male life expectancy at birth (years)	78.3	2015-17	Tracker N/a	78.0 <b>GREEN</b>	79.6 <b>AMBER</b>	77.9 <b>GREEN</b>			No
37	Female life expectancy at birth (years)	81.4	2015-17	Tracker N/a	81.3 <b>GREEN</b>	83.1 <b>RED</b>	81.6 <b>AMBER</b>			No
38	Female healthy life expectancy at birth (years)	58.7	2015-17	Tracker N/a	59.0 <b>AMBER</b>	63.8 <b>RED</b>	60.4 <b>RED</b>			No
39	Male healthy life expectancy at birth (years)	58.9	2015-17	Tracker N/a	59.1 <b>AMBER</b>	63.4 <b>RED</b>	59.5 <b>AMBER</b>			No
40	Excess weight in adults (Proportion of adults classified as overweight or obese)	66.7	2017/18	Tracker N/a	67.7 <b>GREEN</b>	62.0 <b>RED</b>	66.5 <b>AMBER</b>			No
41	Suicide rate (deaths from suicide and injury of undetermined intent) per 100,000 population	12.8	2016-18	Tracker N/a	12.0 <b>RED</b>	9.6 <b>RED</b>	11.3 <b>RED</b>			Yes
42	Prevalence of breastfeeding at 6-8 weeks from birth	28.6	Jan-Mar 2019	Tracker N/a	29.2 <b>RED</b>	47.3 <b>RED</b>	33.8 <b>RED</b>			No
43	Estimated smoking prevalence of persons aged 18 and over	15.0	2018	Tracker N/a	14.3 <b>RED</b>	14.4 <b>RED</b>	16.0 <b>GREEN</b>			No

## LONG AND INDEPENDENT LIVES

### Are our services improving the health of our residents?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
44	Self-reported wellbeing - people with a low happiness score	8.9	2017/18	Tracker	6.9	8.2	9.1			No
				N/a	RED	RED	GREEN			
45	Participation in Sport and Physical Activity: active	61.4	May 18-May 19	Tracker	62.9	63.2				Yes
				N/a	RED	RED				
46	Participation in Sport and Physical Activity: inactive	28.2	May 18-May 19	Tracker	26.6	24.8				Yes
				N/a	RED	RED				

\*provisional data

## LONG AND INDEPENDENT LIVES

### Are people needing adult social care supported to live safe, healthy and independent lives?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
47	Adults aged 65+ per 100,000 population admitted on a permanent basis in the year to residential or nursing care	384.5	Apr-Sep 2019	TBD	391.6					Yes
				N/a	GREEN					
48	% of older people who were still at home 91 days after discharge from hospital into reablement/ rehabilitation services	86.9	Apr-Sep 2019	TBD	84.0	82.4	83.0	80.7*	2018/19	Yes
				N/a	GREEN	Not comparable	Not comparable	Not comparable		
49	% of individuals who achieved their desired outcomes from the adult safeguarding process	95.2	Apr-Sep 2019	Tracker	95.3	94.2		93.6*	2017/18	Yes
				N/a	AMBER	Not comparable		Not comparable		
50	% of service users receiving an assessment or review within the last 12 months	87.9	Sep 18-Sep 19	Tracker	86.6					Yes
				N/a	GREEN					

## LONG AND INDEPENDENT LIVES

### Are people needing adult social care supported to live safe, healthy and independent lives?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
51	Overall satisfaction of people who use services with their care and support	67.8	2018/19	Tracker	66.6	64.3	66.2	66.0*		Yes
				N/a	GREEN	GREEN	GREEN	GREEN		
52	Overall satisfaction of carers with the support and services they receive (Biennial survey)	51.2	2018/19	Tracker	43.3**	38.6	47.2	41.8*		No
				N/a	GREEN	GREEN	GREEN	GREEN		
53	Daily delayed transfers of care beds, all, per 100,000 population age 18+	3.3	Aug 2019	Tracker	3.4	10.9	5.7	9.9*		Yes
				N/a	GREEN	GREEN	GREEN	GREEN		
54	% of adult social care service users who report they have enough choice over the care and support services they receive	75.1	2018/19	Tracker	74.9	67.5	71.8	69.3*		Yes
				N/a	GREEN	GREEN	GREEN	GREEN		

\*unitary authorities

\*\* results from 2016/17 survey

## Other Additional Relevant Indicators

LONG AND INDEPENDENT LIVES										
Are children, young people and families in receipt of universal services appropriately supported?										
Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
24	% of all school pupils eligible for and claiming Free School Meals (FSM)	20.8	Jan 2019	Tracker	19.4	15.4	21			No
				N/a	RED	RED	GREEN			
25	Under-18 conception rate per 1,000 girls aged 15 to 17	25.0*	Jul 17- Jun 18	Tracker	22.3	16.9*	24.2*			Yes
				N/a	RED	RED	RED			
26	% of five year old children free from dental decay	74.2	2016/17	Tracker	64.9	76.7	76.1			No
				N/a	GREEN	RED	RED			
27	Alcohol specific hospital admissions for under 18s (rate per 100,000)	53.1	2015/16- 2017/18	Tracker	56.2	32.9	62.7			No
				N/a	GREEN	RED	GREEN			
28	Young people aged 10-24 admitted to hospital as a result of self-harm (rate per 100,000)	350.1	2017/18	Tracker	400.8	421.2	458.0			No
				N/a	GREEN	GREEN	GREEN			
29	% of children aged 4 to 5 years classified as overweight or obese	23.9	2018/19	Tracker	25.0	22.6	24.3			Yes
				N/a	GREEN	RED	GREEN			
30	% of children aged 10 to 11 years classified as overweight or obese	37.6	2018/19	Tracker	37.1	34.3	37.5			Yes
				N/a	AMBER	RED	AMBER			

## CONNECTED COMMUNITIES - SAFER

### How well do we reduce misuse of drugs and alcohol?

Ref	Description	Latest data	Period covered	Comparison to						Data updated this quarter
				Period target	12 months earlier	National figure	North East figure	Nearest statistical neighbour	Period covered if different	
85	% of successful completions of those in alcohol treatment	30	Mar 18-Feb 19 with rep to Aug 19	28 <b>GREEN</b>	32 <b>RED</b>	37.9 <b>RED</b>				Yes
86	% of successful completions of those in drug treatment - opiates	6.3	Mar 18-Feb 19 with rep to Aug 19	6 <b>GREEN</b>	5.5 <b>GREEN</b>	5.8 <b>GREEN</b>				Yes
87	% of successful completions of those in drug treatment - non-opiates	30.7	Mar 18-Feb 19 with rep to Aug 19	26.4 <b>GREEN</b>	29.2 <b>GREEN</b>	34.5 <b>RED</b>				Yes